

SKILL ASSESSMENT POLICY ASSESSING STUDENTS

Skill assessments are an important part of learning to swim. The levels are based on age and ability progressions per the diagram below:

Babies Swimming Program		Preschool Swimming Program		School Age Swimming Program		Stroke Progression Program	
<p>SEAHORSE</p> <ul style="list-style-type: none"> 6 months to 38 months 1 teacher to 8 parents and babies 30 minute class <p>Achievable Outcomes:</p> <ul style="list-style-type: none"> Recognises submersion cues Fall in entry simulation Participates in floating 	<p>TURTLE</p> <ul style="list-style-type: none"> Independent submersion 5 sec Push and Glide 5m Push and Glide into a Stationary Back float 5 sec 	<p>JELLYFISH</p> <ul style="list-style-type: none"> Push, Glide, Kick 5m Push, Glide, Kick with pop up breath holding a kick board 5m Back Kicking 5m Independent fall in entry 	<p>PUFFERFISH</p> <ul style="list-style-type: none"> Independent submersion 10 seconds Push and Glide 5m Push and Glide, stationary Back float 10 seconds 	<p>OCTOPUS</p> <ul style="list-style-type: none"> Push, Glide, Kick 5m Push, Glide, Kick with a pop up breath holding a kick board 5m Back Kicking 5m Dolphin 	<p>STINGRAY</p> <ul style="list-style-type: none"> Freestyle 25m (legs to wall, hands back and back to hips) Freestyle 12.5m (step down start) Backstroke 25m (step down start) Breaststroke 25m with correct starts and technique Butterfly 12.5m Sealed dive 	<p>DOLPHIN</p> <ul style="list-style-type: none"> Freestyle 25m with correct technique Freestyle 25m with correct turn and technique Backstroke 25m with correct technique Breaststroke 25m with correct starts and technique Butterfly 25m with correct technique Freestyle and back stroke inside turns 	
<p>STARFISH</p> <ul style="list-style-type: none"> 18 months to 36 months 1 teacher to 8 parents and babies 30 minutes class <p>Achievable Outcomes:</p> <ul style="list-style-type: none"> Independent Submersion Talk directions from teacher Independent fall in entry Ankleed floating Goggles strongly recommended 	<p>PENGUIN</p> <ul style="list-style-type: none"> Puddle and Kick 5m Backstroke 5m 5-point float Dolphin Kick 5m 	<p>OTTER</p> <ul style="list-style-type: none"> Freestyle 5m Backstroke 5m Breaststroke Kick 5m Dolphin Kick in streamline with scull to breathe 5m 	<p>BARRACUDA</p> <ul style="list-style-type: none"> Freestyle 5m Backstroke 5m 5-point float Dolphin Kick 5m 	<p>SWORDFISH</p> <ul style="list-style-type: none"> Freestyle 5m Backstroke (2 hops) Breaststroke Kick 5m Dolphin Kick in streamline 	<p>SHARK</p> <ul style="list-style-type: none"> Freestyle 50m with correct turns and technique Backstroke 50m with correct turns and technique Breaststroke 50m with correct turns/ technique and pull out Butterfly 50 with correct turns and technique Roll dive 		

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1 ASSESSMENT STRUCTURE and our commitment

Student assessments are completed 1 per 10-week term as a standard practice.

- Customers can request an assessment be completed. This is referred to as a parent request. We recommend no more than 2 assessments be completed per 10-week term. This is for the confidence and welfare of the student. Over-assessing can lead to unnecessary pressure.
- Customers should allow 2 weeks for an internal parent request assessment to be completed.
- Once an assessment has been completed, the Swim School Supervisor will have a conversation with the parent and update the assessment information in Envibe to show via the customer portal.
- If the student is ready to progress, they are to be issued with a certificate and encouraged to ring the VICTORY BELL (the Bell is not compulsory)



2 Progressions

Student progressions are prioritised above all other movements in our program. If a student has been assessed and marked ready to progress, but unable to move due to a lack of available spaces, the Swim School Supervisor will work with the family until a suitable solution is provided.

- Customers should allow 2 weeks for an internal progression to be completed.
- During peak swimming season (Term 4 and Term 1) promotions maybe more complicated due to particularly full classes. The Supervisor will work with families to ensure progress can be made as soon as a position becomes available.

3 ASSESSMENT with a lack of progression

It is important to recognise that students progress at their own rate. Whilst movement through the program is our priority, premature progressions can lead to student dissatisfaction and a feeling of being overwhelmed, leading to a lack of confidence. We would prefer students move feeling happy, ready to tackle new challenges and skills and generally confident.

- Progress is open to interpretation and level promotion is just one means of measuring progress. Other examples of progression include:
 - o Student attitude towards swimming
 - o Willingness to learn / participate and try new things
 - o Skill based development that leads to accessible criteria being achieved.
 - o Increased stamina and fitness
 - o Increased confidence
 - o Increased safety and water awareness
 - o The list goes on...
- If parents or guardians feel progress has stalled, an action plan is put in place for the student with realistic goals to be achieved inside the next 6 weeks.
- Appropriate methods can include:
 - o 1on1 time spent with the Supervisor on the side or in water depending on the level
 - o Discussion with the current teacher and spending more lesson time on the skill required
 - o Follow up assessments
 - o Additional lessons
 - o Action plans must be formed in conjunction with teacher, parent, and Supervisor.