

## > Multicultural Women Swimming Attire



### > OPTION A

- Minimal coverage
- Ideal for active swimming programs and competitions
- Swimwear is not a risk factor



### > OPTION B

- Some coverage
- Ideal for group activities and programs
- Swimwear is not a risk factor



### > OPTION C

- Greater coverage with lightweight material suitable for supervised programs such as lessons
- Tighter
- Minor restriction of movement, additional weight



### > OPTION D

- Complete head and body coverage with lightweight material suitable for shallow water
- Loose fit
- Will restrict movement and increase fatigue in water

For more information please speak with your instructor or visit the swim school staff at the front desk.

[drowningprevention.org.au/multiculturalcommunities](https://drowningprevention.org.au/multiculturalcommunities)



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