**Aqua Program Timetable**

**Adult Learn to Swim:**

If you are wanting a flexible approach to Adult Learn to Swim lessons that help to develop water confidence, aquatic survival skills through to basic swim strokes, this is the program for you! Lessons are 45 minutes in duration, and you can swim as much (or as little) as you would like. Book in 24hrs in advance and get started today!

**Aqua Laps:**

For our more experienced lap swimmers, come and increase your swimming fitness in a quiet local pool. The sessions are more than 1 hour in length so increase your swimming fitness skills today. Not for beginners.

**Aqua Play:**

All our Swim School members can enjoy this service Free of charge. Come and play in the water and increase aquatic confidence skills in a fun and inclusive environment. All students in Beginner levels and under the age of 6yrs must have an adult within arm’s reach.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 10:30am |  |  |  |  |  |  |  |
| 12noon |  | Adult Intermediate |  |  | Adult Beginner |  |  |
| 1:30pm |  |  |  | Aqua Laps  (adults) |  | Adult Beginner | Aqua Play (children and adults) |
| 2:15pm |  |  |  |  | Adult Beginner |
| 3:00pm |  |  |  |  |  | Adult Intermediate |
| 6:30pm |  | Adult Beginner | Adult Beginner |  | Adult Beginner |  |  |
|  | Adult Intermediate | Adult Intermediate |  | Adult Intermediate |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Adult Learn to Swim Program** | | **Aqua Laps / Aqua Play** | |
| 5 lessons $97.50 | 3-month expiry | 1 casual pass | $3.50 |
| 10 lessons $190.00 | 6-month expiry | 10 visit pass | $35.00 |
| 15 lessons $285.00 | 12-month expiry |  |  |