



February 2026 Newsletter

Aquatic Academy

For all of your swimming updates and information!



INSIDE, WE ALSO TALK ABOUT:

New Centre
Co-ordinator!

Aqua Play
Information

Swimwear
&
Equipment

iClass Pro
Reminders

Diving into 2026!

We are delighted to welcome both new and returning families to the centre for another exciting season in the pool.

During the holiday period, our team has been working hard behind the scenes on a number of new improvements around the centre, all designed to make your experience more comfortable, enjoyable, and rewarding.

We look forward to sharing a fun, safe, and successful year with you and supporting every swimmer on their learning journey.

Thank you for being part of our swimming community!



Introducing your new Co-Ordinator Tanya

Tanya's journey with the Aquatic Academy began as a parent, with all four of her sons learning to swim through the program. Trained as a Preschool Teacher, Tanya joined the team in 2013 as a Swim Teacher and has since worked across a variety of roles within the organisation.

In 2023, she progressed into the role of Coordinator at Seven Hills and is now excited to be the new Coordinator at Denistone East Aquatic Academy. Tanya loves working at Aquatic Academy, and the connection has truly become a family affair, with three of her sons also working within the organisation.

She is passionate about supporting children as they develop their skills and enjoys helping families and staff achieve their goals. Tanya is very much looking forward to meeting everyone and seeing you all around the pool.

Aqua Play Information



ALWAYS KEEP WATCH
Be close, be prepared & stay within arms' reach



KEEP WATCH
AT PUBLIC POOLS

At the Aquatic Academy, our **Keep Watch policy** is followed at all times by all staff to ensure the safety and wellbeing of all patrons. We kindly ask that all parents and guardians familiarise themselves with the information below to help create a safe and enjoyable environment for everyone.



0 - 5 YEAR OLDS & NON-SWIMMERS:

Parents/Guardians must remain in the water and within arms reach at all times



6 - 10 YEAR OLDS & WEAK SWIMMERS:

Parents/Guardians must remain close to the pool edge where children are swimming, be prepared & maintain constant visual contact at all times



11 - 14 YEAR OLDS:

Parents/Guardians must maintain visual contact at all times



DISTRACTIONS ARE DANGEROUS:

Avoid mobile phones & other distractions that interrupt supervision

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1:00 PM			Aqua Laps		Aqua Laps		
2:00 PM			Aqua Laps		Aqua Laps		
3:00 PM	Aqua Play	Aqua Play	Aqua Play	Aqua Play	Aqua Play		
4:00 PM							
5:00 PM							
6:00 PM							
6:30 PM							

Swimwear & Equipment

Students are encouraged wherever possible to wear and bring the correct equipment to their swimming lessons. The following is a suggested list of equipment but please note it may change depending on the age and program requirements:

- **Swimwear made from lycra or chlorine resistant swimming material.**
 - Please do not wear underwear in our pool. It is unhygienic and unnecessary.
- **Swimwear that does not restrict movement.**
 - Long sleeves and long pants are NOT recommended as they restrict movement and create drag making it harder to move through the water.
 - If swimwear is too distorted or stretched, it will also pull the swimmers back and make it very difficult to swim efficiently.
 - Whilst we understand the need for modesty, rash vests are not required, especially in indoor pools.
- **Goggles that are fitted to the size and shape of face.**
 - Goggles should be wide enough to allow the eyes to move around freely.
 - A silicon nose piece is also preferred as it reduces the risk of breakages or snapping in the pool.
 - Clear lens' are also best as tinted goggles for indoor venues darkens the appearance of the water, making it harder to see.
- **Swimming cap:**
 - Keeps hair out of the face and out of our pool. If a student has long hair, we ask that it is tied back and a cap is worn over it to secure it in place.
 - Caps are mandatory for our competitive swimming program athletes.
 - Lycra caps can be used for students that are sensitive to hats or items on their heads.



iClass Pro Reminder

Our iClassPro app is your go-to tool for staying connected with your child's swimming journey at the Aquatic Academy! Designed to make life easier, it gives you quick, convenient access to everything you need, all in one place and we highly encourage all families to take advantage of the app.

With iClassPro, you can:

 **Manage and view account payments**

 **Track your child's skill progress and achievements**

 **Plan absences and stay organised**

 **Book holiday intensive programs with ease**

Click the icon below to find out more information and start using iClassPro today to enjoy a smoother, simpler, and more connected experience with us!

