



February 2026 Newsletter

Aquatic Academy

For all of your swimming updates and information!



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Diving into 2026!

We are delighted to welcome both new and returning families to the centre for another exciting season in the pool.

During the holiday period, our team has been working hard behind the scenes on a number of new improvements around the centre, all designed to make your experience more comfortable, enjoyable, and rewarding.

We look forward to sharing a fun, safe, and successful year with you and supporting every swimmer on their learning journey.

Thank you for being part of our swimming community!



Introducing your new Co-Ordinator Jake

We are excited to warmly welcome Jake as
Seven Hills new Venue Coordinator!

Jake has recently stepped into this role, and we are
thrilled to have him joining the Seven Hills team.

Jake comes to us with over two years of Coordinator
experience at our Denistone East Aquatic Academy facility.

Jake holds his Swim Teacher licence, with a strong
focus on working with preschool-aged students, and is
passionate about creating a safe, fun, and positive
learning environment for our swimmers.

Jake is also a qualified lifeguard, bringing a high
level of professionalism and commitment to
safety in and around the pool.

If you see Jake around the centre, please be sure
to say hello and welcome him to Seven Hills!

Swimwear & Equipment

Students are encouraged wherever possible to wear and bring the correct equipment to their swimming lessons. The following is a suggested list of equipment but please note it may change depending on the age and program requirements:

- **Swimwear made from lycra or chlorine resistant swimming material.**
 - Please do not wear underwear in our pool. It is unhygienic and unnecessary.
- **Swimwear that does not restrict movement.**
 - Long sleeves and long pants are NOT recommended as they restrict movement and create drag making it harder to move through the water.
 - If swimwear is too distorted or stretched, it will also pull the swimmers back and make it very difficult to swim efficiently.
 - Whilst we understand the need for modesty, rash vests are not required, especially in indoor pools.
- **Goggles that are fitted to the size and shape of face.**
 - Goggles should be wide enough to allow the eyes to move around freely.
 - A silicon nose piece is also preferred as it reduces the risk of breakages or snapping in the pool.
 - Clear lens' are also best as tinted goggles for indoor venues darkens the appearance of the water, making it harder to see.
- **Swimming cap:**
 - Keeps hair out of the face and out of our pool. If a student has long hair, we ask that it is tied back and a cap is worn over it to secure it in place.
 - Caps are mandatory for our competitive swimming program athletes.
 - Lycra caps can be used for students that are sensitive to hats or items on their heads.



Kids Corner!

You may have noticed our brand-new Kids Corner in the viewing area!

We've brightened up this space to give our little ones something fun to enjoy while waiting with you.

We hope it adds a splash of excitement to your visit!



Please remember to return the toys once finished so everyone can join in the fun.



Please help us keep it clean and welcoming by placing rubbish in the bin and tidying up after use.

Parents Room

We're excited to introduce our new Parents Space, designed with your comfort in mind.

This area provides access to water for refilling drink bottles, bench seating to take a well-deserved break, and a comfortable spot to feed and care for your little ones.

We hope this space makes your visit even more enjoyable!

iClass Pro Reminder

Our iClassPro app is your go-to tool for staying connected with your child's swimming journey at the Aquatic Academy! Designed to make life easier, it gives you quick, convenient access to everything you need, all in one place and we highly encourage all families to take advantage of the app.

With iClassPro, you can:

 **Manage and view account payments**

 **Track your child's skill progress and achievements**

 **Plan absences and stay organised**

 **Book holiday intensive programs with ease**

Click the icon below to find out more information and start using iClassPro today to enjoy a smoother, simpler, and more connected experience with us!

DOWNLOAD

