

— June 2026 Newsletter —

Aquatic Academy

For all of your swimming updates and information!

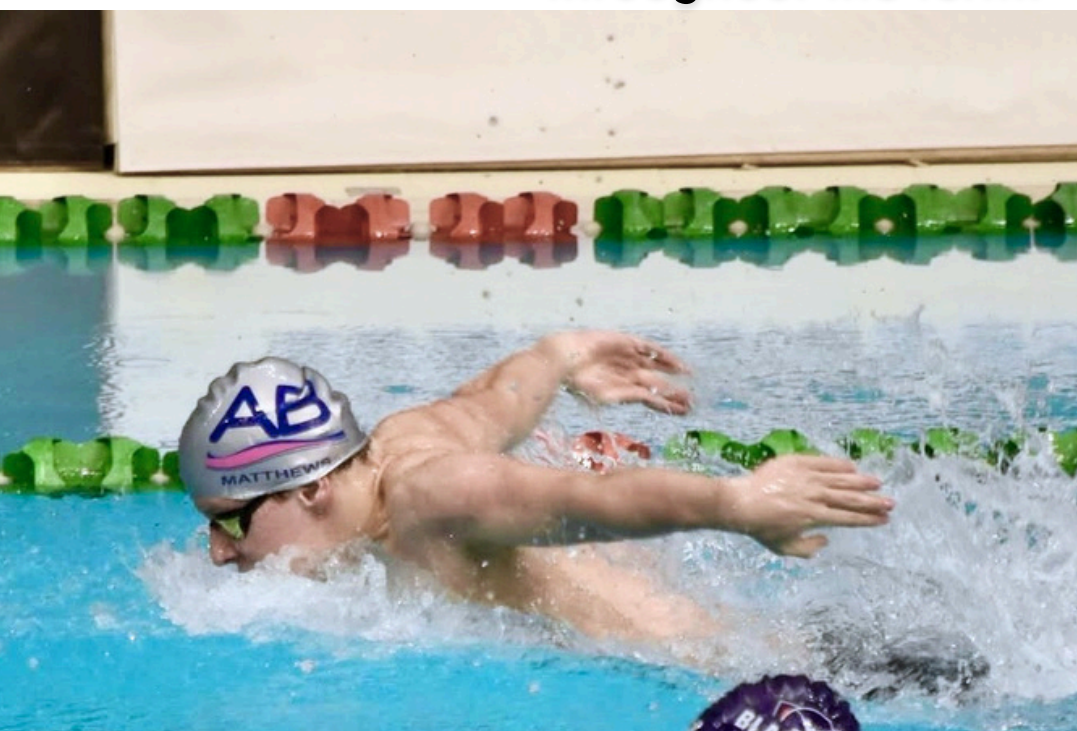
Winter Weather Reminders

We hope everyone is enjoying a great Term 2! As the cooler weather sets in, don't forget to pack towels, jumpers and cover-ups to keep swimmers warm, cosy and dry when exiting the centre after lessons.

Please be aware of our upcoming public holiday closure:

Monday 8th June

All direct debit payments have already been adjusted to reflect this closure. Thank you for your continued support, and we look forward to seeing everyone poolside throughout the term!



ALSO INSIDE:

Venue Update
Squad Update
Program Update
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Students
&
Teachers

Exciting Centre Improvements Underway!

We're excited to let our customers know that major improvement works are currently taking place around our centre! As part of our continued investment into the facility, we are undertaking extensive paint and repair works to both the interior and exterior areas of our pool. During these works, there may be some minor changes to the flow in and around the centre. We greatly appreciate your patience and understanding while this is completed. We can't wait to share the finished results with you and hope you're just as excited as we are to see the transformation!



Training Pool



Program Pool



Squad Updates

Commonwealth Games

We are incredibly proud to congratulate our Squad Member Beau Matthews, on his selection to the Dolphins Para Swim Team, where he will represent Australia at the 2026 Commonwealth Games in Glasgow. Beau has been selected to compete in the SB9 100m Breaststroke, a remarkable achievement and the fulfilment of a long-held dream to represent Australia and wear the green and gold on this international stage.

Beau's success is a testament to his dedication, perseverance, and commitment to his training over many years. While celebrating this exciting milestone, Beau and our other Squad Members are focused on the next challenge as they prepare for the Pan Pac Games trials later this month.



Major team announcements for both the Commonwealth Games and Pan Pac teams will be broadcast live on Channel 9 and Channel 7 Saturday, 13 June. We wish our Squad Members the best of luck at the upcoming trials. We also wish Beau all the very best as he continues his preparations and we look forward to cheering him on in Glasgow in July!

Holiday Intensive Program: 6th – 10th July

Our HIP classes are popular and places fill fast, so be sure to secure your booking today through the iClassPro app or see staff today for more information.



Free Introductory lesson Water Wonders Program!

Babies over the age of 4 months welcome.
Support early development and build water confidence!
Speak to staff today to book your class!



Why Consistency Matters

Consistent practice is the key to building strong swimming skills. Regular attendance helps children retain what they learn, gain confidence in the water, develop good habits, and progress more quickly through their swimming journey.

Make the most of your child's swimming:

Aqua Play Practice Sessions

Sessions times can be found on our website

Enrolled Learn to Swim students can practice for FREE.

Children under 6 years must be accompanied in the water by an adult in line with our Keep Watch Policy. Adult entry is just \$4.00.

Add a Second Lesson

Consider enrolling your child in a second lesson each week to give them more time in the water, build confidence, and support faster skill development.

A discounted rate applies when adding a second weekly lesson.

Holiday Intensive Program (HIP)

Our Holiday Intensive Program provides children with the opportunity to swim every day, helping to build routine, confidence, and consistency in the water.

Daily lessons allow skills to be reinforced and practised more frequently, often leading to faster progress and improved retention.

Book via the iClass Pro app now or email your interest today:

aquaticacademy@royalnsw.com.au

Saharsh and Supreeth Pachigolla recently progressed from the Stingray level into the Teen Advanced level and have adjusted well to the increased expectations and training intensity. While they are still developing confidence with tumble turns and are not particularly keen on them at this stage, they are willing to keep practicing and putting in the effort to improve. With continued guidance and regular practice, they are steadily building both their skills and confidence in this area.

Swimmer Spotlight!



Teacher Bio



This month, we're celebrating one of our valued team members, Charlotte! Charlotte has been part of our team for the past 2.5 years and is currently in Year 12 preparing for her upcoming HSC. Throughout her time with us, she has become an experienced Stroke teacher. Charlotte is passionate about building her students skills, refining their technique, and helping them grow in confidence. Her enthusiasm, dedication, and positive attitude make her a valued member of our team, and we are grateful for the impact she has on our swimmers each week.