



ROYAL LIFE SAVING
AUSTRALIA

AQUATIC
ACADEMY

— August 2026 Newsletter —

Aquatic Academy

Stay connected with the latest updates!

Welcome to Term 3! It has been an incredibly busy and productive period for the Academy.

Behind the scenes, our team participated in a valuable staff training conference, the centre successfully completed our yearly safety audit, and we implemented a streamlined new check-in process for your lessons.

We have also expanded our weekly timetable with extra Aqua Play sessions for everyone to enjoy! In major news, a massive congratulations goes out to our Squad swimmer, Beau Matthews, who took to the Commonwealth Games stage!

We are excited to see your smiling faces back in the pool and look forward to an exciting term.

INSIDE, WE ALSO TALK ABOUT:

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Beau wins GOLD!
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We are excited to announce that we have introduced self-service check-in tablets in our Reception area.

From Monday, 3rd August 2026, we kindly ask all parents and athletes to check in before entering the pool deck.

There are two simple ways to check in:

Option 1 – Using the iClassPro App QR Code

1. Open the iClassPro App and log in.
2. Select Account from the bottom menu.
3. Select your student.
4. Tap QR Codes.
5. Choose either:
 - Individual Student QR Code, or
 - Family QR Code (checks in all enrolled students).
6. We recommend taking a screenshot or printing the QR code and keeping it in your swim bag for quick and easy access.
7. At Reception, scan your QR code using the check-in tablet.
8. Your student(s) will appear on the screen.
9. Select the relevant class and press Check In.

Option 2 – Using Your Mobile Number

1. Enter the 10-digit mobile number linked to your account.
2. Press the arrow to continue.
3. Your student(s) will appear on the screen.
4. Select the relevant class and press Check In.

Thank you for your support as we introduce this new process.

By checking in before entering the pool deck, you'll help us improve safety, streamline our operations, and allow our team to dedicate their full attention to providing the best possible experience for every swimmer.

New Swim Gear Available Now!

We are excited to announce that for a limited time we are taking orders for premium swim gear!

Dolphin, Shark, and Squad swimmers can purchase **Speedo DMC Fins** to help elevate their training, while our ultra-warm **Speedo Deck Coats** are available to keep everyone cosy after their lessons.

You can order by clicking the link below to lock in your items.

For your convenience, the total cost will be automatically debited from the account details you have on file with us.

Cost: FINS - \$75 | COATS - \$90 | BUNDLE - \$150

[Speedo Order Form – Fill out form](#)

Important upcoming dates

Term 3 starts: Monday 20th July 2026

Term 3 ends: Friday 2nd October 2026

	Skill Focus	Stroke Development Focus	Assessment Schedule
Week 1 (20/07/26)	Kicking	Freestyle	Infant / Shark Parent Requests
Week 2 (27/07/26)	No goggle activity	Butterfly	Swordfish
Week 3 (03/08/26)	Rescues	Backstroke	Barracuda
Week 4 (10/08/26)	Starts, Turns and Finishes	Breaststroke	Octopus
Week 5 (17/08/26)	Using a Life Jacket	Freestyle	Pufferfish
Week 6 (24/08/26)	Kicking	Butterfly	Stingray

Squad News



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At just 17 years old, Beau Matthews, one of our exceptionally talented squad swimmers at the Royal Life Saving Aquatic Academy, achieved his dream by winning a stunning gold medal in the Men's 100m Breaststroke SB9 final at the 2026 Glasgow Commonwealth Games.

Making a spectacular international debut for the Dolphins, Beau led the field from the very start and secured himself top spot on the winners podium!

Beau's monumental victory is the culmination of endless, grueling training hours with his dedicated coach, Gavin Stewart. Our 4:30 am watch party erupted into cheers at the Royal Life Saving Aquatic Academy, and our entire community couldn't be prouder of this extraordinary young champion!

In other exciting news...

The celebration continues as Beau and our other squad superstar, Alex Tuckfield, were both nominated for the Blacktown City Sports Awards. Highlighting the incredible depth of talent in our program, both of these phenomenal athletes took home the Runner-Up trophy in their respective Disability Sportsperson categories. This recognition further proves that our Academy swimmers are truly making waves across the region, and we are incredibly proud to see their hard work, dedication, and sportsmanship honoured on the local stage. This recognition is a huge testament to coach Gavin Stewart, whose tireless dedication and expert guidance steered both boys to these incredible achievements.



You can find further updates and race information for our Squads on our website by clicking the link below:

<https://aquaticacademy.com.au/squad-news/>



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Join Aqua Play Today!

Monday - Friday 3:00pm - 6:00pm



We are so excited to inform you our Program Pool will be open for recreational swimming from Term 3 2026!

Join us for Aqua Play sessions, a dedicated recreational swim space available for our members and their families.

Enrolled Students - FREE

Non-Student - \$4.00 per person

Check in policy applies: Swimmers must collect a token from reception to enter Aqua Play.

Keep watch policy to be followed at all times!

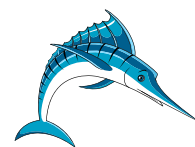
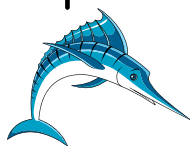
During the July school holidays, our Seven Hills and Denistone East Aquatic Academy teams came together for our Staff Training Conference. Our staff participated in mandatory evacuation safety, swim teacher, and lifeguard training to ensure everyone is prepared for any situation. Practicing these roles and learning new skills throughout the year is a major goal for our academies, allowing us to consistently provide the highest level of safety, professionalism, and customer service to all of our families.

Training allows our staff to come together, share ideas, learn from one another, and strengthen skills both individually and as a team. Our teams also took part in some fun team-building challenges! This included a timed challenge where staff used limited supplies to build a weight-bearing bridge, which brought up some very creative and interesting design ideas. We are incredibly proud of our team's dedication and look forward to bringing these enhanced skills to your classes this term!



Swordfish Lane Space

You may have recently noticed some positive changes to our lane spacing in the program pool. We have officially expanded our Swordfish lane spacing by an additional 2 metres! The extra space provides our students with the vital lane length they need to complete a full, uninterrupted breath cycle during freestyle stroke development. This direct update fully supports our curriculum's assessment criteria, giving your children the exact physical space needed to build confidence and progress smoothly to the next level. If you require more information, please see our staff at reception or your on deck supervisor.



Safety Audit

Each year we complete The Aquatic Facility Safety Assessment (AFSA). This is a nationally recognised safety and compliance assessment for pools and aquatic facilities. It helps pool operators gain an independent, expert view of safety performance, legislative compliance and risk management aligned with the Guidelines for Safe Pool Operations, relevant Australian Standards, and state and territory regulations.

We are thrilled to announce our results for 2026/2027

Facility Audit: 92%

5 Star Safety: 98%



We are thrilled to celebrate Nicole for this month's Swimmer Spotlight! As one of our youngest Dolphin students, Nicole brings incredible energy to the pool every Sunday. Nicole works hard each week, jumping into her lessons ready to do her absolute best. What truly makes her stand out is her amazing attitude! She takes on feedback from her instructors like a total champion to constantly improve her skills. We are so proud of your dedication and progress Nicole!

This month's teacher bio is Celina! She brings enthusiasm, patience, and encouragement to every lesson, helping our swimmers build confidence while developing their technique.

Celina has recently begun training to become one of our Stroke Development Instructors, an exciting step that will allow her to support students refine their competitive strokes and progress through our program.

Outside of teaching, Celina is also a dedicated swimmer herself and trains with our Area Squad, giving her first-hand experience and a genuine passion for the sport that she shares with her students.

