



ROYAL LIFE SAVING
AUSTRALIA

AQUATIC
ACADEMY

— September 2026 Newsletter —

Aquatic Academy

Stay connected with the latest updates!

Welcome to our latest newsletter!

As we race past the midpoint of term 3, we want to say a huge thank you to all our families for your fantastic support. If you or someone you know is looking for a rewarding, flexible coaching role, we are hiring! Please read on for more details and to get the absolute most out of your swimming lessons this month.



**INSIDE,
WE ALSO
TALK ABOUT:**

- Pool Hygiene
- September Promotion

- Job Opportunity
- Water Wonders
- Students & Teachers

Help Us Keep Our Pool Clean, Safe & Open!

Accidents disrupt swimming lessons for everyone
Please follow these essential hygiene rules:



Everyone:

- Go to the bathroom before the start of your lesson
- Ensure you take 10 seconds to rinse off under our deck showers before entering class.

Non-Toilet Trained Infants:

- **Aqua Nappy Required:** Must be tight-fitting and match your baby's weight.
- **Double Up:** Tight swimwear must be worn OVER the aqua nappy for containment.
- **No Normal Nappies:** They absorb water, explode, and destroy our filtration system.

Toilet-Trained Students:

- **Approved Fabrics:** Lycra, Nylon, or chlorine-resistant material only.
- **The Right Fit:** Swimwear should fit well and not hang loosely.
- **Easy Toileting:** Two-piece swimmers or swimwear with zippers are best.
- **No Underwear:** Do not wear underwear underneath swimwear.

September Promo!



Learn to Swim with the best!

Learn, grow, and gain confidence in the water with the guidance of our experienced and qualified teachers. Whether you're introducing your baby to the water or building on existing swimming skills, **Royal Life Saving Denistone East** provides a fun, safe, and supportive swimming environment!

Contact us now: 02 8814 8637

Why swim with us:

-  **Qualified Teachers**
-  **Heated 32° indoor pool**
-  **All ages welcome**
-  **Inclusive Venue**
-  **Trusted swim programs for over 130 years**



All abilities welcome



Water Wonder Classes



Adult Swim Classes

1 Free Lesson!

New enrolments starting in September 2026 receive 1 x free lesson



47 Lovell Road
Denistone East NSW 2112



www.aquaticacademy.com.au



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We are hiring: Junior Swim Coach

We are seeking a Junior Swimming Coach to join our dedicated team in a casual capacity.

To secure this role you will have:

- Proven ability to coach a range of swimmers at a Stroke Correction, Mini Squad and Junior Squad levels.
- Minimum qualification of Competitive Strokes and willing to work towards a Development Coaching Licence.
- Demonstrated ability to coach swimmers as part of a team.
- Excellent verbal communication skills and the ability to communicate effectively with program participants, parents and RLS staff.
- Follow, understand and deliver a session plan as set out by the Senior Coaching staff.
- Demonstrated ability in maintaining working relationships with parents, students and staff, preferably within a swim school setting.
- Demonstrated ability in shadowing other Swimming Teachers and Coaching staff.
- Ability to work independently and as part of a team.

Essential Requirements:

- First Aid Certificate
- Current Provide/Perform CPR
- Teacher of Competitive Strokes / Squad Fundamentals
- Working with Children / Working with Vulnerable People Check

To Apply:

Simply download and complete the **expression of interest form** and email it to bernadetteneal@royalnsw.com.au

Dive into Water Wonders!

Taught by centre coordinator Tanya and specially designed for babies new to water experiences, this session provides a gentle introduction to the pool while allowing enrolled Starfish and Seahorse children to practise their skills in a fun, relaxed environment.

Sessions run on select Thursdays each month from 9:30am -10:30am, and you are welcome to stay for the whole hour or just drop in!



Water Wonder sessions also allow enrolled Starfish and Seahorse children to practise their skills in a fun, relaxed environment. Sessions are free and you are invited to bring along a friend in this age group (with their parent) who isn't currently enrolled.

Spaces are limited, so please contact us to find out upcoming dates or to book your spot!

Students & Teachers!



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At just 2 years old, Kingsley has shown fantastic enthusiasm and confidence. He started in our Starfish class with his mum early this year and has loved it from the very beginning. Through his hard work and growing confidence, he progressed to Tiny Turtles, showing that he could independently follow instructions. Recently, Kingsley completed his first Tiny Turtles lesson without Mum. His family's commitment has also played a big part in his success. His mum has been bringing him to Water Wonders sessions so he can enjoy extra time in the water and continue developing his skills. Well done, Kingsley! We are so proud of everything you have achieved and can't wait to see your continued progress.

Gaby has been part of the Academy for nearly 3.5 years and continues to bring her passion and commitment to her role each day. Gaby is one of our dedicated teachers, working with both preschool and school-age children. After recently completing her Supervisor training, she has become a valued member of our Supervisor team. Outside of work, Gaby is kept busy studying Law and Commerce at university, as well as playing football.

