

— October 2026 Newsletter —

# Aquatic Academy

Stay connected with the latest updates!



Welcome to Term 4!

As the weather warms up and we head straight into summer, there is no better time to be in the pool. Inside this issue, you will find important upcoming dates, along with a special feature celebrating our incredible, hard working staff. We've also included a few quick customer reminders to help ensure a smooth, positive, and fun filled term for all our swim families!

**INSIDE,  
WE ALSO  
TALK ABOUT:**

- Lesson reminders
- Shark Holiday Bonus
- Upcoming dates
- Recruitment corner

## We are swimming through!

A quick reminder to all our families that the Aquatic Academy will remain open and lessons will continue right through the upcoming school holidays and straight into Term 4!

Consistent swimming over the break is a fantastic way to keep up momentum and lock in vital skills before summer.

Our only upcoming closure will be for the  
October Long Weekend:

**Saturday 3rd October - Monday 5th October 2026**

All regular lessons resume on Tuesday 6th October.

| Lessons will continue through Sept / Oct School Holidays                                                                                  |                            |                          |                             |
|-------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------|-----------------------------|
| Term 4 ends: Sunday 20 <sup>th</sup> December 2026                                                                                        |                            |                          |                             |
|                                                                                                                                           | Skill Focus                | Stroke Development Focus | Assessment Schedule         |
| The Aquatic Academy will be closed for the October Long weekend – Saturday 3 <sup>rd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> October. |                            |                          |                             |
| (28/09/26)<br>School holidays                                                                                                             | Deep Water Activities      | Butterfly                | Parent Requests             |
| (06/10/26)<br>School holidays                                                                                                             | Kicking                    | Freestyle                | Parent Requests<br>Stingray |
| Week 1<br>(12/10/26)                                                                                                                      | No goggle activity         | Butterfly                | Swordfish                   |
| Week 2<br>(19/10/26)                                                                                                                      | Rescues                    | Backstroke               | Barracuda                   |
| Week 3<br>(26/10/26)                                                                                                                      | Starts, Turns and Finishes | Breaststroke             | Octopus                     |

**Swimming lessons will take a break from:**

Monday 21/12/26 – Sunday 10/01/27

Lessons will resume for 2027 on Monday 11 January!

**To make swimming lessons as safe, productive, and fun as possible, please take a moment to familiarise yourself with these simple centre reminders:**

## **Aqua Play:**

- Parents are reminded that Aqua Play is on during our regular Learn to Swim times.
- Please ensure you are adhering to the Keep Watch Policy and following the directions of our Lifeguards at all times
- Do not leave children unattended whilst your child is enjoying Aqua Play. A parent or guardian must be present onsite at all times
- Aqua Play is encouraged for students to have some fun before or after their lesson

## **Lesson Safety:**

- Parents are reminded that children cannot enter the lane before their lesson has begun and without the Swim Teachers acknowledgment that the class has begun.
- During structured lessons, our Swim Teachers are focused on your childrens safety. If you have any questions for your Swim Teacher, please direct these questions to our Supervisors on deck.

## Hygiene Reminders:

Following pool hygiene rules is vital to prevent the spread of waterborne germs which can cause severe illness in swimmers. Showering before entering the water also removes sweat, body oils, and urine that react with chlorine to form harsh chemicals and cause irritation.

Finally, proper attire, like avoiding regular nappies and loose underwear, safeguards expensive filtration systems from clogging, preventing unexpected pool closures and ensuring a safe, clean environment for everyone.

### Everyone:

- Use the toilet before your lesson starts.
- Rinse for 10 seconds under the deck showers.

### Infants:

- Swim Nappy: Ensure the swim nappy is properly fitted according to the manufacturer's weight guidelines.
- Layering: Wear standard swimwear over the swim nappy.
- No Regular Nappies: Standard disposable nappies are not permitted as they damage the pool filtration system.

### Students:

- Approved Fabric: Use Lycra, Nylon, or chlorine-resistant swimwear.
- Proper Attire: Wear standard swimwear without undergarments underneath.
- Design: Two-piece suits or zippered swimwear are recommended for efficient toilet breaks.



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## School Holiday Shark Classes

### SHARK BONUS HOLIDAY CLASS 25m Lane Lesson

**SHARK level students can book one (1) free  
25m session in the Holiday Intensive Program**

**Have a make up token to use?**

**You can book extra sessions!**

**Use the iClass Pro app to book or  
contact our reception staff!**

We are excited to announce that Gaby has been awarded with our Teacher of the Term!

As a dedicated Preschool & School Age Teacher and Supervisor, Gaby is a vital member of our team.

She consistently goes above and beyond for both her colleagues and our families, ensuring every student is safe, progressing, and having fun.

Recently, Gaby has been working closely with our management team to mentor and develop our swim instructors, ensuring your children receive the highest quality lessons.

Well done, Gaby! This recognition is incredibly well-deserved.



## Recruitment Corner

We are seeking a Junior Swimming Coach to join our dedicated team in a casual capacity. To secure this role you will have:

- Proven ability to coach a range of swimmers at a Stroke Correction, Mini Squad and Junior Squad levels.
- Minimum qualification of Competitive Strokes and willing to work towards a Development Coaching Licence.
- Excellent verbal communication skills and the ability to communicate effectively with program participants, parents and RLS staff.
- Follow, understand and deliver a session plan as set out by the Senior Coaching staff.

### Essential Requirements:

- First Aid Certificate
- Current Provide/Perform CPR
- Teacher of Competitive Strokes / Squad Fundamentals
- Working with Children / Working with Vulnerable People Check

**To Apply:** [Check out our employment page now!](#)