



ROYAL LIFE SAVING
AUSTRALIA

AQUATIC
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— October 2026 Newsletter —

Aquatic Academy

Stay connected with the latest updates!



Welcome to Term 4!

As the weather warms up and we head straight into a classic summer, there is no better time to be in the pool. Inside this issue, you will find important upcoming dates, along with a special feature celebrating our incredible, hard working staff. We've also included a few quick customer reminders to help ensure a smooth, positive, and fun filled term for all our swim families!

**INSIDE,
WE ALSO
TALK ABOUT:**

- Upcoming dates
- Staff News
- Sign in to lessons

- Lesson reminders
- Squad update
- Swimmer Spotlight

Important Dates

We are swimming through!

A quick reminder to all our families that the Aquatic Academy will remain open and lessons will continue right through the upcoming school holidays and straight into Term 4!

Consistent swimming over the break is a fantastic way to keep up momentum and lock in vital skills before summer.

Our only upcoming closure will be for the
October Long Weekend:

Saturday 3rd October - Monday 5th October 2026

All regular lessons resume on Tuesday 6th October.

Important Dates:

Lessons will continue through Sept / Oct School Holidays

Term 4 ends: Sunday 20th December 2026

	Skill Focus	Stroke Development Focus	Assessment Schedule
The Aquatic Academy will be closed for the October Long weekend – Saturday 3 rd , 4 th and 5 th October.			
(28/09/26) School holidays	Deep Water Activities	Butterfly	Parent Requests
(06/10/26) School holidays	Kicking	Freestyle	Parent Requests Stingray
Week 1 (12/10/26)	No goggle activity	Butterfly	Swordfish
Week 2 (19/10/26)	Rescues	Backstroke	Barracuda

Swimming lessons will take a break from:

Monday 21/12/26 – Sunday 10/01/27

Lessons will resume for 2027 on Monday 11 January!

Check-In Reminder



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All parents and athletes **must** check in at the reception tablets before entering the pool deck.

It takes just seconds using one of two quick options:

- **iClassPro App:** Scan your student or family QR code.
- **Mobile Number:** Enter the 10-digit number linked to your account.

Thank you for helping us keep our pool safe and streamlined! If you need a hand getting set up, our reception team is ready to assist.

A mockup of a tablet screen for the 'Check In' process. The screen has a blue background with a faint image of children. At the top, there is a white checkmark icon inside a circle. Below it, the text 'Check In' is displayed. Underneath, a message says 'Please enter your phone number below or scan QR code to check in!'. In the center, there is a large black square representing a QR code. At the bottom, there is a white input field with a blue border and a blue button labeled 'Your phone number'. To the right of the input field is a small 'x' icon.



A massive congratulations to Monique, our well deserved Teacher of the Term! Monique went above and beyond in term 3, stepping up to cover multiple shifts across both of our centres. Her dedication didn't stop there...she also took on extra school shifts over several weeks, providing the consistent, high-quality teaching our students need to truly thrive and improve. Thank you, Monique, for your incredible hard work and commitment to our swimmers!

A huge shoutout to Alex, our incredible Coach of the Term! Alex has done a fantastic job taking on our mini squad, showcasing excellent coaching skills and keeping our rising young swimmers motivated. Always willing to jump into the water to demonstrate corrections, Alex ensures our swimmers are constantly refining their technique. Beyond the skills, Alex is a wonderful, positive role model whom our younger students truly look up to. Thank you, Alex, for your passion and leadership!



Introducing...

Hi, I'm Kate! I'm a Swimming Australia accredited Coach with over six years of coaching experience. Prior to moving to Canada for 15 months, I was a full-time Development Coach at Macquarie University Swimming Club, coaching junior and senior athletes competing at Metro, State and National levels. I'm also a former competitive swimmer, having competed at both a National Age and Open level, giving me a strong understanding of the commitment, challenges and enjoyment that come with the sport.

My coaching philosophy is centered around developing swimmers both in and out of the pool. I believe in creating an environment where swimmers are challenged to reach their potential while building confidence, resilience and a genuine enjoyment of the sport. I want athletes to feel proud of their progress and develop skills that extend beyond the pool.

Outside of coaching, you'll usually find me in or around the ocean, whether that's swimming, standup paddle boarding, surfing or kayaking. I also have a huge passion for travelling and have explored 42 different countries. I'm excited to be back in Australia, back around the pool and joining the Aquatic Academy Royal Life Saving team.



Swimmer Spotlight



Ivan started with us as an older student in our Learn to Swim program before making the move to our Teen Program in the training pool. Since then, Ivan has worked his way through the Teen Program ranks, building his confidence, skills and swimming ability along the way. Well done, Ivan! We're so proud of your progress.

Recruitment Corner

Are You Our Next Swim Teacher?

Are you searching for a fulfilling local role that brings joy, purpose, and flexibility to your day?

We are looking for responsible, enthusiastic individuals to join our supportive community!

If you love working with children and want to teach a truly life-saving skill, contact us today!

We offer fantastic, lifestyle friendly hours, including school shifts (9:30 am to 2:00 pm) and flexible rosters that

easily fit around university timetables or mums with children in school.

To Apply:

Simply download and complete the [expression of interest form](#) and email it to bernadetteneal@royalnsw.com.au